

Early Intervention

Program

Adolescents identified as being "at risk" by educators, parents, or doctors are provided with an opportunity for a private, one time session on the KED Campus with their parent(s)/guardian, a KED specialist, and when possible a peer in recovery. This service is free of charge.

What to Expect

- Students are referred to the program by educators, parents, or doctors.
- Referred families should contact the program for an appointment (attendance by at least one parent/guardian is required, evening appointments are available by request).
- Student/parent(s)/counselor discuss the sequence of events that led to the referral and answer questions regarding the student's use of drugs/alcohol. Student and parent(s) have private sessions with the counselor and with young people in recovery. Everyone comes back together for wrap up/possible referral/plan for the future.
- Session lasts between 45 minutes to an hour.
- Sessions employ brief change focused cognitive behavioral strategies and serve as informal substance use assessments.
- Family leaves with a behavioral plan to encourage the most change possible for the child.
- Components of Teen Intervene, an evidence based program, are utilized throughout the session.
- CRAFFT, an assessment tool specific to adolescents is used.

HOW TO HELP



What will help make this a productive meeting?

- Join us with a positive & open mindset
- Be honest and upfront with our specialist
- Follow through with any recommendations that are made
- Complete a follow up evaluation via phone 2 months after you attend the program