



KIDS ESCAPING DRUGS

FACE2FACE

Addiction in the Digital Age



Presentation Overview

This interactive presentation explores how substance use, vaping, social media, and mental health intersect in today's digital world. Grounded in brain science and substance use education, the program helps students understand how nicotine and other substances affect the developing brain, how addiction forms, and how digital environments can influence decision-making and risk behaviors.

Learning Outcomes

- The impact of vaping and substance use on brain development and mental health
- How social media platforms such as TikTok, Instagram, and Snapchat can normalize or promote substance use
- The connection between cyberbullying, stress, and increased risk for unhealthy coping behaviors
- Online safety, digital decision-making, and managing peer pressure both in person and online
- Healthy coping strategies and refusal skills that build resilience